

Having Our Say

The newsletter of SaySo, Strong Able Youth Speaking Out

Volume 10 Number 3

Become a Member!

If you are interested in joining **SaySo**, let us know! E-mail or write us with the following information: your name, birth date, and address (including e-mail), region and the kind of out-of-home placement you are or have been in.

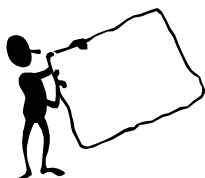
Contact Information

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SaySo Poster Contest



Theme: "Come Home to SaySo"

Prizes: 1st place - \$75

2nd place - \$50

3rd place - \$35

Deadline: **June 15th** (Submissions are being accepted NOW!)

1ST place winning poster will be printed and displayed all over North Carolina!

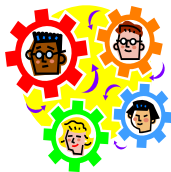
We are looking for youths with Artistic Talent who can CREATE an AMAZING poster! We need a great DESIGN to go with our Theme - "Come Home to SaySo"

You can submit your Poster ideas to:

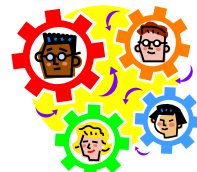
Rhiannon Galen 1-800-820-0001
411 Andrews Rd. Suite 140
Durham, NC 27705

On the Mark, Get Set, GO!

**Accepting the Challenges for Independent Living
LINK Up Conference**



PLACE DATE/LOCATION
HERE



Registration forms are provided in this newsletter
You can also go online at www.saysoinc.org to print off or email
your registration form - sayso@ilrinc.com

- Learn about paying for college
- Learn skills to help keep yourself emotionally and physically healthy
- Learn how to stay motivated towards your life goals

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TOP TEN – Summer Concerts



10. **George Strait**
May 16
9. **NKOTB** June 3
8. **Brad Paisley**
June 6
7. **No Doubt** June 8
6. **Keith Urban**
June 19
5. **311** July 5
4. **Kid Rock** July 24
3. **Rascal Flatts**
Aug 2
2. **Coldplay** Aug 6
1. **O.A.R** Aug 23



SaySo Road Show

SaySo is hitting the road and coming to a town near YOU!

**Local County Department Social Services
Universities and Colleges
Conferences – State and National
For Professionals, Foster Parents and Foster Youth!**



Workshops – “The System,” Communication Skills, Independent Living Skills, Working with Teens, and MANY MORE!

Please contact SaySo Program Coordinator Rhiannon Galen if you would like more information

sayso@ilrinc.com

1-800-820-0001

A Fond Farewell to SaySo

Dear SaySo,

I have had the privilege to be the Program Coordinator for almost 2 years. I have enjoyed every second that I have worked with the Board of Directors, LINKS Coordinators, and the many Counties and youth that have crossed my path.

I am unfortunately moving on in my Social Work career and wanted to take the time to THANK everyone who has been a part of my journey. I will always remember my time with SaySo as a shining light on my path.

Never be afraid to speak out for yourself and others. SaySo will always be there for those who have the desire and will to make life better!

Warm Wishes,

Rhiannon Galen